



CRESTWOOD MANOR

A SPRINGPOINT COMMUNITY

Favorites

Veal Liver

Choice veal liver dredged in seasoned flour, grilled w/ onions and topped w/ bacon and gravy.

Ham Steak

Thick cut smoked boneless ham steak grilled to perfection.

Pasta w/ Meatballs

Pasta of various types topped w/ Italian style meatballs and tomato sauce

Chicken Tenders

Breaded and baked tenders served w/ barbecue sauce.

Chopped Sirloin Steak

Lightly seasoned and grilled to perfection.

Heart Healthy Fare

Grilled Chicken Caesar Salad

Crisp romaine lettuce tossed w/ strips of grilled chicken, Caesar dressing, parmesan cheese and croutons.

Baked Flounder

Fresh flounder seasoned w/ lemon juice and butter, broiled to perfection.

Roasted Chicken

Tender chicken quarters, lightly seasoned and slow roasted to perfection.

Egg Substitute Omelet

An egg substitute omelet prepared w/ your choice of fillings.

Vegetarian Platter

Squash, zucchini, broccoli, peppers and onions grilled in light canola oil.



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Soups

Vegetable Tortellini Soup

Seafood Chowder

Salad

Carrot Raisin Salad

Entrees

Meatloaf

Roast Turkey with stuffing, gravy and cranberry sauce

Braised Ham & Cabbage

Catch of the Day

Broiled Haddock

Accompaniments

Stuffing

Macaroni and Cheese

Butternut Squash

Cauliflower Au Gratin



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Featured Desserts

Peach Cobbler

NSA Peach Pie

Featured Ice Cream

Rocky Road

Rum Raisin

Ice Cream

Vanilla Bean

Chocolate

Sugar Free Ice Cream

Vanilla

Moose Tracks