

FIRESIDE RESTAURANT

Friday's Menu

— Starters —

Hearty Vegetable Soup or Matzo Ball Soup

House Salad or **Caesar Salad** 

Poached Pear and Blue Cheese Salad

— Entrees —

Peking Duck - Marinated in a Light Pineapple Soy Sauce

Beef Brisket - Slow Cooked in a Tomato and Red Wine Sauce

Potato Knish (Vegetarian)

Baked Tilapia with White Bean Orzo 

— Sides —

Asparagus • **Lemon Dill Green Beans** 

White Bean Orzo • Potato Pancakes


LivWell
Springpoint Wellness Program

Caesar Salad

Baked Tilapia with White Bean Orzo

Lemon Dill Green Beans

Cantaloupe

Dessert

Chocolate Cheesecake or Sugar Free Cheesecake



By selecting a LivWell meal, you will enjoy an entire meal with less than:
800 calories, 800 mg sodium, 125 mg cholesterol, 8 g saturated fat.

Select all or only a few and know these menu items are prepared as part of a well-balanced and nutritious meal plan. LivWell meal options are offered on our menu Monday, Wednesday, and Friday.